



# **Manor Hill First School**

## **Relationship and Health Education Policy**

**Last reviewed: June 2021**

**Next review: June 2022**

**Reviewed by: J.Roden**

**Approved by: LGB**

Our Curriculum offer has been designed in consultation with parents and stakeholders. This will promote health and well-being and will be key in preparing our learners for life in the 21<sup>st</sup> century.

### **Introduction**

We have based our school's Relationship education policy on the DFE guidance document Relationships Education, Relationships and Sex Education (RSE) and Health Education). Which states that 'To embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. Pupils can also put this knowledge into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts. Everyone faces difficult situations in their lives. These subjects can support young people to develop resilience, to know how and when to ask for help, and to know where to access support.'

'The focus in primary school should be on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.'

### **What does Relationships Education mean in our school and for learners of this age?**

The DFE recommend several sources of Curriculum Content, including the PSHE association scheme of work. At Manor Hill we have adopted this fully compliant Primary Curriculum but adapted it to fit the First School age range.

The statutory guidance is comprehensively covered by learning opportunities for each key stage across the Programme's three core themes: 'Health and Wellbeing', 'Relationships', and 'Living in the Wider World' When implemented our curriculum will be shared with receiving schools to allow them to make transition seamless. The curriculum matches the KS1& 2 Science National Curriculum, however the matched elements to Sex Education e.g. puberty and reproduction are for Y5 and 6 and will not be covered as part of our curriculum.

## **The role of parents**

The school is conscious of the fact that the primary role in children's relationship education lies with parents and carers. We wish to build a positive and supporting relationship with the parents of children at our school through mutual understanding, trust and cooperation.

In promoting this objective we:

- Consult and inform parents about the school's RE and Health Education policy and practice;
- Answer any questions that parents may have about the RE and Health education of their child;
- Take seriously any issue that parents raise with teachers or governors about this policy or the arrangements for RE and Health education in the school;
- Inform parents about the best practice known with regard to RE and Health education, so that the teaching in school supports the key messages that parents and carers give to children at home.

Parents do not have the right to withdraw their child from relationship and health education programme that we teach in our school. There is a right to withdraw from Sex Education, which forms part of the curriculum when the children complete their Primary Education at Middle School.

## **Confidentiality**

Should a teacher have concerns arising from any lesson regarding the safety of a child they will draw their concerns to the attention of the Headteacher and Designated Safeguarding Leaders in the school. (See also Child Protection Policy.)

## **Who will be teaching the programme?**

The programme will be led by Mrs Roden

It will be taught by class teachers

## **Aims and objectives**

By the end of Primary School Children will have learned about:

### **Relationships Education**

- Families and people who care for me
- Caring Friendships
- Respectful Relationships
- Online Relationships
- Being safe

### **Health Education**

- Mental Wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Facts and risks associated with drugs, alcohol and tobacco
- Health and prevention
- Basic First Aid
- Changing adolescent body

## **Curriculum Content**

**Please see Curriculum Maps**

<https://manorhillfirst.co.uk/wp-content/uploads/2021/06/Programme-of-Study-Relationships-and-Health-Education-MHFS-2021.pdf>

Lessons are delivered in discrete sessions weekly.

## **Monitoring and review**

This policy will be reviewed every year or earlier if necessary .



